

May 2024



Read about all what the coalition has been up to this past month!

Visit our  
Website

“There is a loftier ambition than merely to stand high in the world. It is to stoop down and lift mankind a little higher.”  
—Henry van Dyke

Website



## National Prevention Week 2024



This year [National Prevention Week](#) (NPW) is taking place from May 12-18. NPW is a week-long observance founded by SAMSHA. Which aims to raise awareness about the importance of substance use prevention and positive mental health.

This year we partnered with the library to create a book display with titles related to substance use and mental health, along with prevention book marks.

We encourage everyone to use National Prevention week to learn, reflect and engage. More helpful resources, conversation starters, toolkits and stories can be found on the SAMSHA National Prevention Week page [here](#).

Rockville ROCKS Block  
Party!

The Rockville ROCKS Block Party is back! Join us on May 18th from 1-4 p.m. for this free community event to celebrate National Prevention Week! The Block Party will feature Resources, a DJ, Games, Hidden in Plain Sight Training, Ice Cream, and many more exciting activities!

**CELEBRATE NATIONAL PREVENTION WEEK**

**ROCKVILLE ROCKS BLOCK PARTY**

**DATE**  
May 18, 2024

**TIME**  
1-4 PM

**LOCATION**  
9 Elm Street, Vernon

**• Free Community Event •**

**Games | Resource Fair | Music**

**VERNON ROCKS COALITION**

## Coalition Events



### Rockville High School Prom Prevention

RHS juniors had their prom on May 4th! The coalition handed out sunglasses with prevention messages and a breathing technique to encouraging safe celebrations and good decision making.



### DEA Take Back Day

Our DEA Take Back Day took place on April 27th at Walgreens in Vernon. 73 pounds of unused medication were collected not including the walk-ins at the police department!

## Mental Health Awareness Month

May is Mental Health Awareness month a time to highlight the importance of taking care of our mental well-being, check in on our loved ones, and educate ourselves on ways to promote positive mental health. It is important to recognize that individuals struggling



with mental health issues may turn to substances as a way to cope with their emotions.

## Rockville High School Mental Health Fair

Rockville High School organized a mental health fair for students during lunch this month. We were fortunate to participate and provide resources and coping strategies at our table for students during this event.



If you or a loved one is having trouble with substance abuse check out the available resources in the area.

[Get Help](#)

If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.

[Report it Here](#)

Are you interested in becoming more involved with the Vernon ROCKS Coalition? We are always looking for more members. You can join by visiting our website.

[Get Involved](#)

The Village for Families & Children | 19 Elm Street, Vernon, CT 06066

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